

SUSTAINABILITY NEWSLETTER

What's Heavier: 270 lbs of Bricks or 270 lbs of Food Waste?

At the end of this past October, Taste Not Waste held a plate waste study. The results were shocking. Over 270 pounds of food were wasted in just that one day. While those results were 15% less than what they were during the 2016 study, that is still a significant amount of food going to waste. The most waste occurred during the evening meal, with lunch being a close second, and the least waste was from breakfast. Concordia's Taste Not Waste and Dining Services encourage you to "make use of Ecotensils, the eco-efficient tasting utensils available at many food stations in Anderson, to sample foods before taking a full serving. We also encourage the practice of taking smaller portions, and returning for additional food, as desired. The Taste Not Waste campaign encourages the campus community to get involved and be mindful of your own food practices and habits, while creating a more sustainable food culture on campus" says Nicole Crouch, Director of Dining Services.



Apply to Live in the EcoHouse!

Residents of the EcoHouse work together to reduce their environmental impact and to engage the campus and broader community on sustainability issues through personal choices, projects, and events. The EcoHouse comes fully furnished with four private bedrooms, two on the main floor and two in the basement. It has a full kitchen with energy-efficient appliances. The laundry room has a washer, dryer, and clothesline.

Students are billed for their housing costs on a monthly basis (\$285/month), rather than a full semester charge like other campus housing. Additionally, students are responsible for their monthly water and electric bills so that they can see the impact of their choices.

Applications are due **Fri, Jan 19** and will be sent to your Concordia email account.



Calling All Spring Breakers!

Interested in learning about sustainable cities who emphasize inclusivity in developmental, political, and social factors as well as urban farming, green infrastructure, sustainable transportation, and much more? The **HILT trip** will be traveling to four cities across the country (Milwaukee, Pittsburgh, Cleveland, and Chicago) this coming Spring Break! Contact Julia Brucklacher (jbruckla@cord.edu) or Jess Yarger (jyarger1@cord.edu) with any questions or concerns you have regarding this wonderful opportunity!

See more on our [Facebook page](#) and apply by **Jan 2!**

HILT 2018
SUSTAINABLE CITIES & ENVIRONMENTAL JUSTICE
FEBRUARY 23RD - MARCH 3RD

MILWAUKEE PITTSBURGH CLEVELAND CHICAGO

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Recent Highlights from EcoReps: *The EcoReps program enables students to take a leadership role in their dorm, as they work to promote sustainable living among their peers.*

- **Creative Programming:** Brown EcoRep **Ellie DeVos** held an educational program to teach residents how to make reusable cling wrap using fabric and beeswax. East Complex EcoRep **Shawna Pantzke** held a program to promote the use of reusable food containers. Park Region EcoRep **Fahima Alizada** organized a Recycling Matching Game program, to teach Cobbers what they can and cannot recycle on-campus.
- **Plastic Bag Recycling:** So far this semester, campus has recycled **over 40 lbs of plastic bags**. EcoReps have been responsible for collecting the bags from the collection points and weighing them each week.
- **Green Room Certification Program:** Cobbers living on campus can certify their room eco-friendly at 3 different levels by completing this [survey](#). Over 200 students have participated since it launched on Dec 2.
- **Dec 11-15:** Free Store Pop-Up Shop in the Atrium

Thanks to Sarah Curran, the EcoRep Coordinator, who graduates in December. You did a great job!



Sustainability Student Leader of the Month:

Haylee Worm is one of the Co-Presidents for Student Environmental Alliance President. She is a junior from Yankton, SD. When asked why she was interested in this position, she said "I applied for this position last year because the former leaders were having a hard time filling the position. When I applied, I didn't realize how much it would become part of my life. My passion for sustainability and the environment has grown so much since I came into this position and I am so grateful for the opportunity."



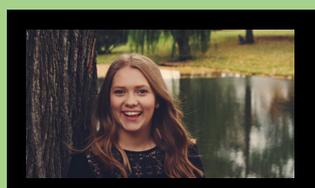
Eco-Friendly Holiday Tips:

- Buy gifts from local shops or buy less gifts. Every year, 4,000 tons of goods are shipped to the US from China. Gifts bought from small businesses support your local economy and community, while simultaneously lowering the carbon footprint you'd be creating.
- When boiling vegetables, use the a pan that's just the right size. This way you'll save water because you're only using what you need!
- If you get clothes from friends or family (or yourself, let's be honest) this Holiday season, make sure to donate old clothes. This season, 80,000 tons of old clothes will be thrown away.
- Not only do real trees fill your home with the wonderful smell of the Season, it's also a much more sustainable way to celebrate! Cutting out the factory that produces the tree, the packaging it comes in, and the shipping to stores across the nation is a great way live more sustainably. Plus many Home Depots and similar stores recycle the trees for free!

Check out this [article](#) for more tips!

Have an idea for a future newsletter feature? Want to update the campus on your sustainability efforts?

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Social Media and Communications Intern



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